Stormwater Control & Stream Restoration:

What Works and What Does Not V127

Rockville Science Day: April 21, 2024 Ken Bawer (kbawer@msn.com)



Photo by K. Bawer, 10/21/2021)

Full Disclosure

I have no direct or indirect financial interest in the practice of stormwater control or stream "restorations."



<u>AGENDA</u>

- Drivers of stormwater control:
 - non-regulatory & regulatory
- Types of stormwater control projects:
 - out-of-stream & in-stream
- In-stream projects: stream "restoration" examples
- What does the science say?
- Cost
- Summary
- What can you do?

https://youtu.be/NvTvPnG6Qs8

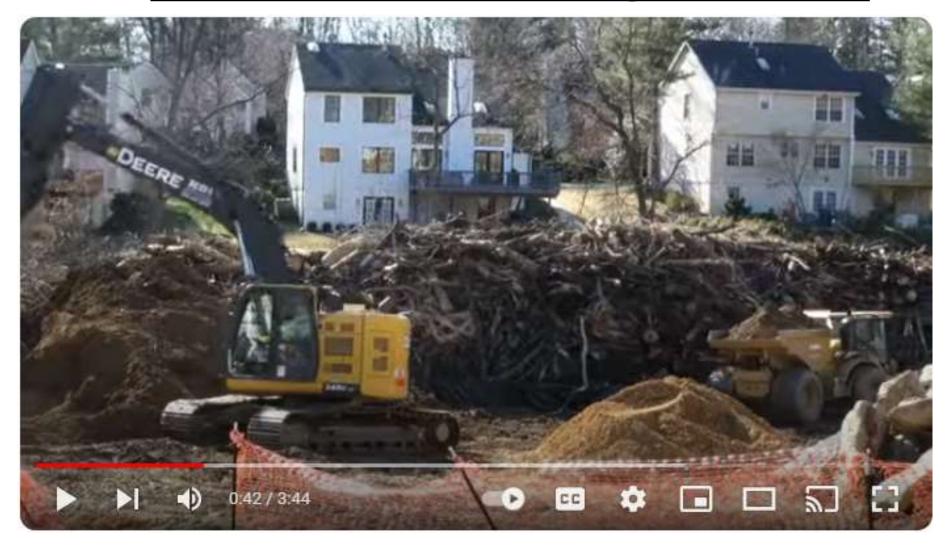
Fall 2021

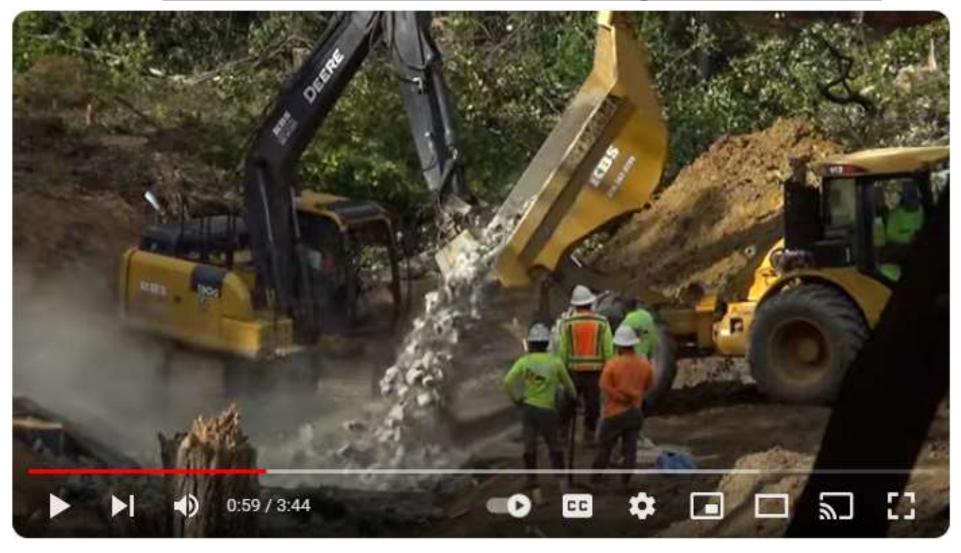


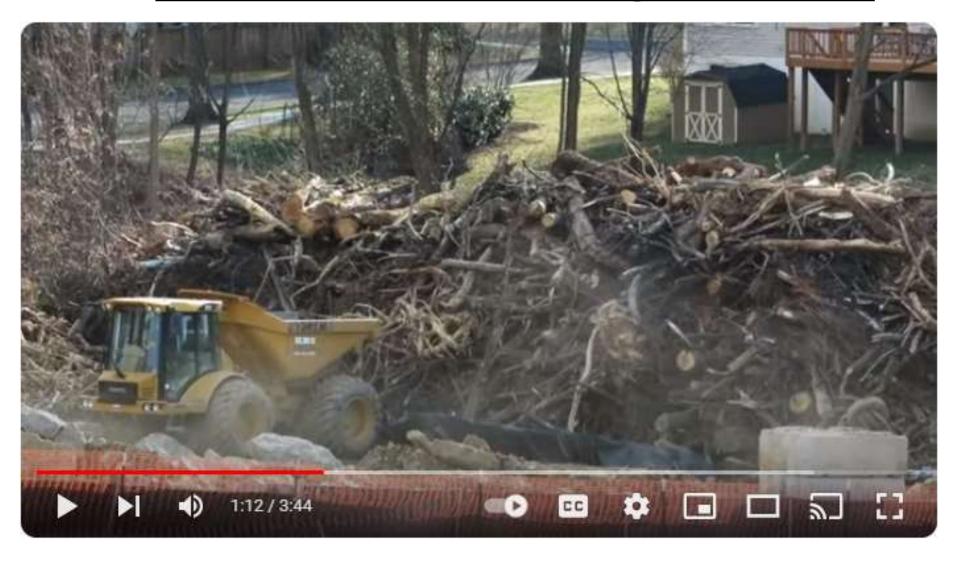
(https://youtu.be/NvTvPnG6Qs8)

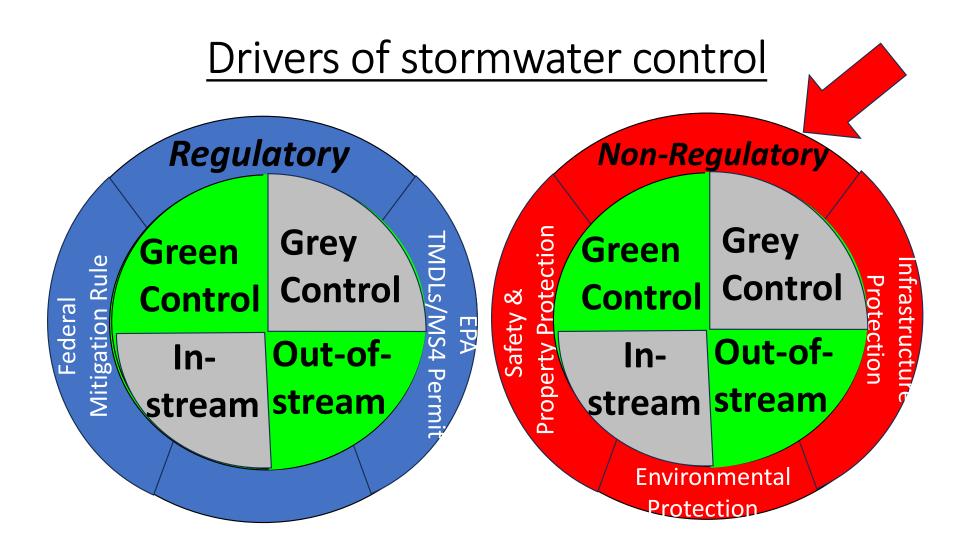






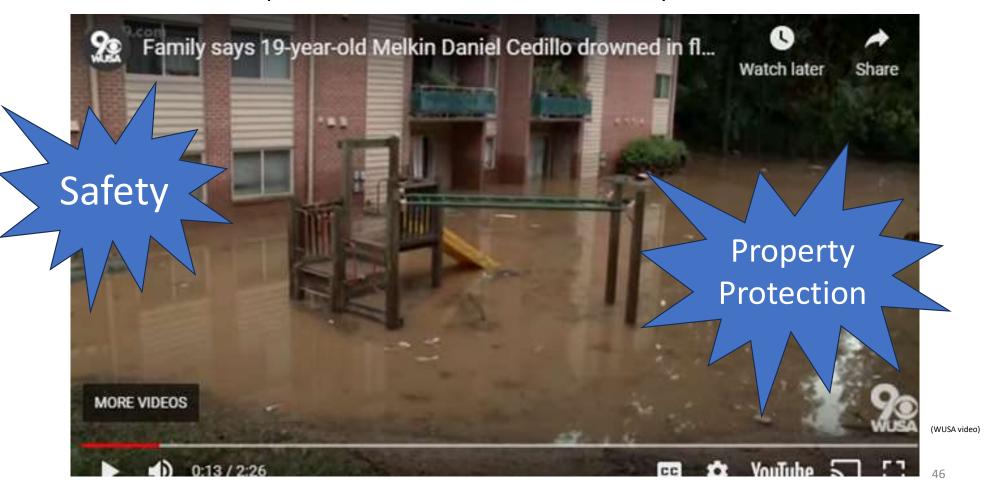






The Need for Stormwater Control

Rock Creek Woods Apartments, 13205 Twinbrook Parkway, Rockville, 9/1/2021



The Need for Stormwater Control



The Need for Stormwater Control

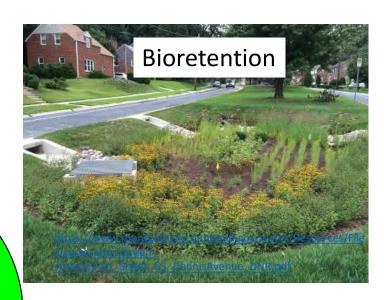






Types of stormwater control

Out-ofstream Stormwater Control

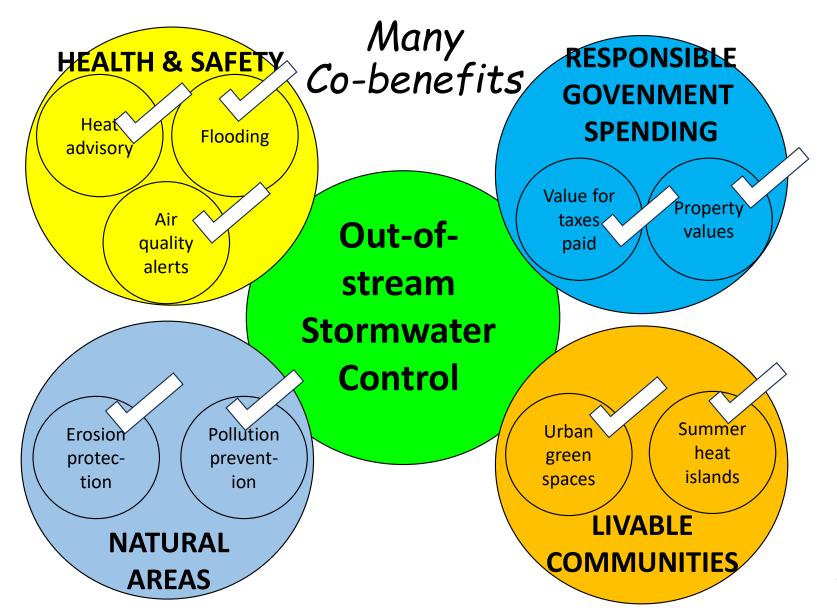


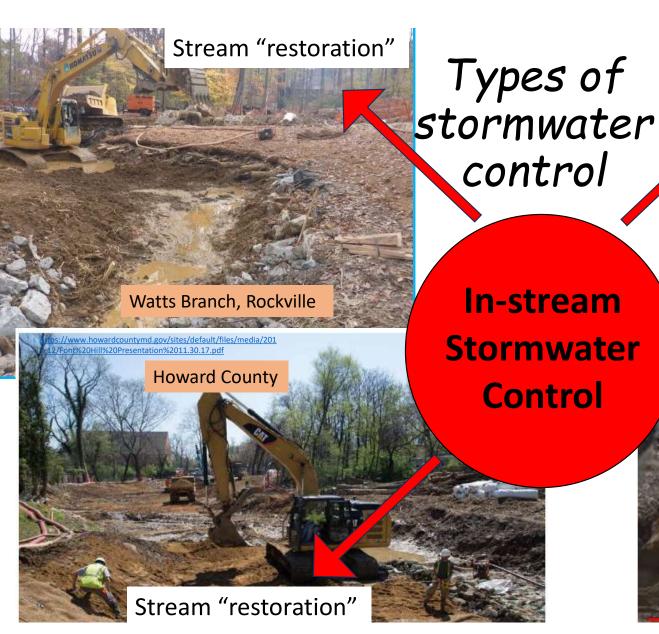


DC's Blue Plains, Anacostia, & Potomac River Tunnel Projects



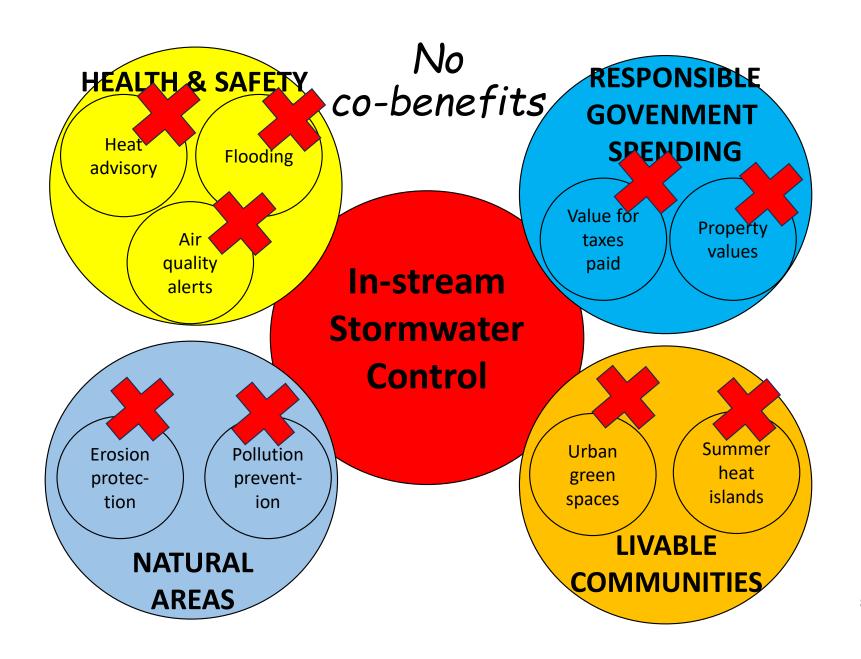
Alexandria's RiverRenew Tunnel Project

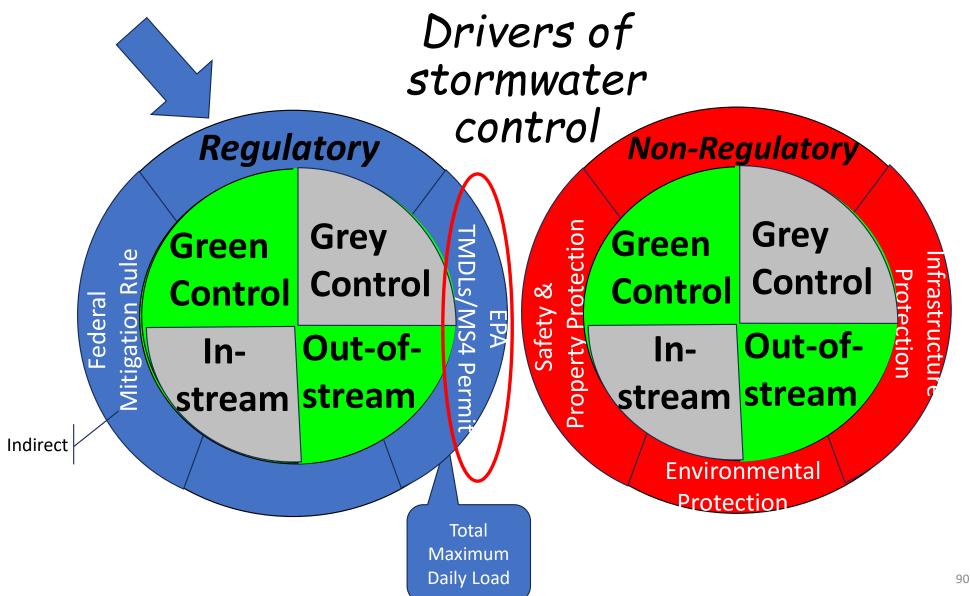




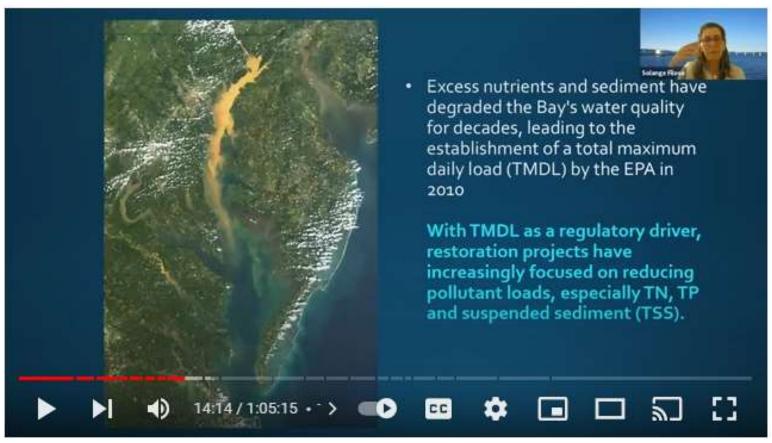








Problem: excess nutrients and sediment in Bay



("Stream Restoration: Is it Helping Our Streams and the Chesapeake Bay?" Solange Filoso, U MD, Chesapeake Biological Laboratory, April, 21, 2021, https://www.youtube.com/watch?v=1BowrQkMfaE)

Direct Regulatory Drivers: MS4 Permits for urban/suburban



Stormwater Control Practices

- MS4 Permit "Accounting Guidance" document.
- Long list of practices that can be used to meet the MS4 Permit.



Accounting for Stormwater Wasteload Allocations and Impervious Acres Treated

Guidance for National Pollutant Discharge Elimination System Stormwater Permits

November 2021

https://mde.maryland.gov/programs/water/Stormwater/StormwaterManagementProgram/Documents/Final%20Determination%20Dox%20N5%202021/MS4%20Accounting%20Guidance%20FINAL%2011%2005%202021.pdf

Non-destructive, out-of-stream methods: all except one

Table L. EIA, and Load Reductions for Alternative BMPs

BMP	Load Reductions (lbs/unit/yr)		EIA	
Date	TN	TP	TSS	ElAr
Advanced Sweeping				Per Mile Swept
1 pass/12 weeks	0.00	0.07	401	0.027
I pass/8 weeks	0.26	0.14	802	0.059
I pass/4 weeks	0.36	0.21	1,203	0.087
Spring 1 pass/1-2 weeks else monthly	0.36	0.28	1,404	0.106
Spring & Fall 1 pass/1-2 weeks else monthly	0.73	0.34	2,005	0.148
1 pass/2 weeks	0.73	0.34	2,206	0.156
I pass/week	1.09	0.55	3,209	0.235
2 passes/week	1.46	0.69	4,211	0.304
Mechanical Broom Sweeping				Per Mile Swept
I pass/4 weeks	0.00	0.00	20	0.001
l pass/week	0.00	0.00	100	0.004
2 passes/week	0.00	0.00	201	0.008
Storm Drain Cleaning	Per Ton Removed			
Organic	4.44	0.48	400	0.17
Inorganic	3.78	0.84	1,400	0.25
Floating Treatment Wetlands (% of pond wet surface area covered by FT)	W)			Per Impervious Acre
FTW1 (10%)	0.10	0.02	74	0.008
FTW2 (11-20%)	0.22	0.05	151	0.017
FTW3 (21-30%)	0.32	0.07	225	0.026
FTW4 (31-40%)	0.43	0.09	295	0.034
FTW5 (41-50%)	0.53	0.11	369	0.042
Land Cover Conversion				Per Acre of Land Cover Converted
Forest Planting	11.12	1.78	2,805	1.10
Riparian Forest Planting	14.34	2.50	4,411	1.50
Conservation Landscaping	5.24	0.53	0.00	0.37
Riparian Conservation Landscaping	6.75	0.74	0.00	0.50

DACE	Load Reductions (lbs/unit/yr)			100	
BMP	TN	TP	TSS	EIA	
Table 1 Continued					
Forest Conservation	10.57	1.10	2,465	0.46	
Impervious Surface Reduction	6.96	0.45	5,241	0.71	
Street Trees	3.10	0.76	1,404	0.40	
Urban Tree Canopy Planting	3.20	0.50	206	0.28	
Urban Soil Restoration of Compacted Per- (soil excavation depth in inches)	vious Surface	s		Per Acre of Soil Treatment	
Level 1 (15 inches)	4.4	0.72	278	0.40	
Level 2 (20 inches)	8.9	1.44	557	0.80	
Urban Soil Restoration of Removed Imper (soil excavation depth in inches)	vious Surface	25		Per Acre of Soil Treatment	
Level 1 (15 inches)	13.7	0.7	1,696	0.91	
Level 2 (20 inches)	15.0	0.77	1,864	1.00	
Septic ¹				Per System	
Septic Pumping	0.00	0.00	0.00	0.02	
Septic Denitrification	0.00	0.00	0.00	0.16	
Septic to WWTP Connection	0.00	0.00	0.00	0.23	
Shoreline Management ² /Stream Restoration	on and Outfal	l Stabilizatio	n³	Per Linear Foot	
Shoreline Management (Default Rate)	0.173	0.122	328	0.04	
Stream Restoration (Planning Rate)	0.075	0.068	248	0.02	
Outfall Stabilization (Planning Rate)	0.075	0.068	248	0.02	
Elimination of Discovered Nutrient Discha	rges from Gr	ey Infrastru	cture4	Per Discharge	
Elimination of Eight Approved Discharge Types	Protocol	Protocol	0.00	Individually Calculated	

The stream "restoration" loophole: Allows use of stream "restorations" as alternative to directly addressing stormwater pollution – gift to \$25B industry

Non-destructive, out-of-stream methods (continued)

Table 2. Stormwater BMPs for Upland Applications

Runo	ff Reduction (RR) Practices	Stor	rmwater Treatment (ST) Practices
Manual Reference	Practice	Manual Reference	Practice
	Infiltration		Ponds
M-3	Landscape Infiltration	P-1	Micro-Pool Extended Detention (ED)
M-4	Infiltration Berm	P-2	Wet Pond
M-5	Dry Well	P-3	Wet ED Pond
	Filtering Systems ¹	P-4	Multiple Pond
F-6	Bioretention	P-5	Pocket Pond
M-2	Submerged Gravel Wetland	Wetlands ²	
M-6	Micro-Bioretention	W-1	Shallow Wetland
M-7	Rain Garden	W-2	ED Shallow Wetland
M-9	Enhanced Filter	W-3	Pond/Wetland System
	Open Channel Systems	W-4	Pocket Wetland
O-1	Dry Swale	#	Infiltration ²
M-8	Grass Swale	1-1	Infiltration Trench
M-8	Bio-Swale	1-2	Infiltration Basin
M-8	Wet Swale	Filtering Systems	
0.00.0	Alternative Surfaces	F-1	Surface Sand Filter
A-l	Green Roof	F-2	Underground Filter
A-2	Permeable Pavement	F-3	Perimeter Filter
A-3	Reinforced Lurt	F-4	Organic Filter
AVC	Other Systems	F-5	Pocket Filter
M-1	Rainwater Harvesting	7)	8

Notes

A dry channel regenerative step pool stormwater conveyance system is considered a stormwater retrofit by the CBP Stream Restoration Expert Panel. This practice may use the BMP code SPSD and use the same pollutant load reductions as a filtering practice. The impervious area draining to these practices may be considered treated in accordance with the design rainfall depth treated (Pt) for crediting purposes.

² Stormwater wetlands, infiltration trenches, and infiltration basins are ST practices unless designed according to Section VI.

Stream "restorations" don't address the root cause

- Root cause of stream erosion: uncontrolled stormwater runoff from impervious upland surfaces (roofs, roads, parking lots, etc.)
- Firehoses into streams causing erosion.



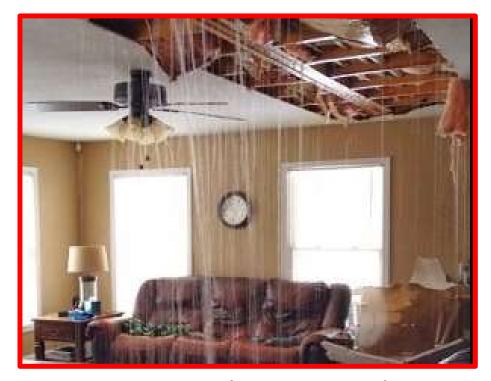


(https://ww w.youtube.c om/watch?v =UwYk9x8ld

(From wcfcourier.com)

The folly of stream "restorations"

Doing a stream "restoration" instead of controlling stormwater BEFORE it enters a stream is like...





...trying to repair water-damaged furniture while the roof is still leaking. 175

Examples of BAD stream "restorations"

...they are ALL bad

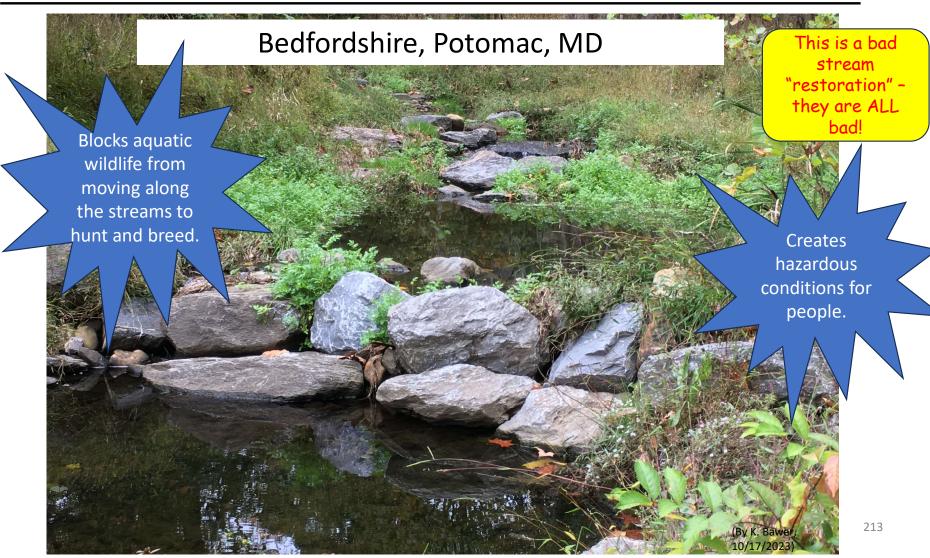
Nature Forward (formerly ANS), Chevy Chase





Before Montgomery County DEP "stream restoration" on Falls Reach. (Photo by DEP)

After "stream restoration" on Falls Reach completely destroyed the forest community in its footprint. (Photo by K. Bawer on 3/19/2019)



Asbury Methodist Village, Montgomery County



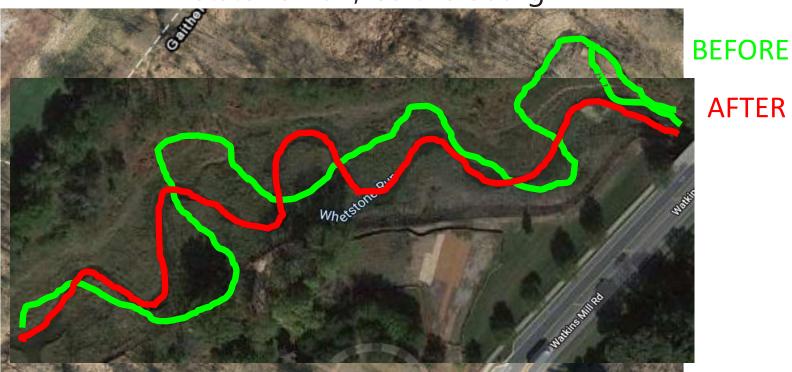
Upper Watts Branch, Rockville



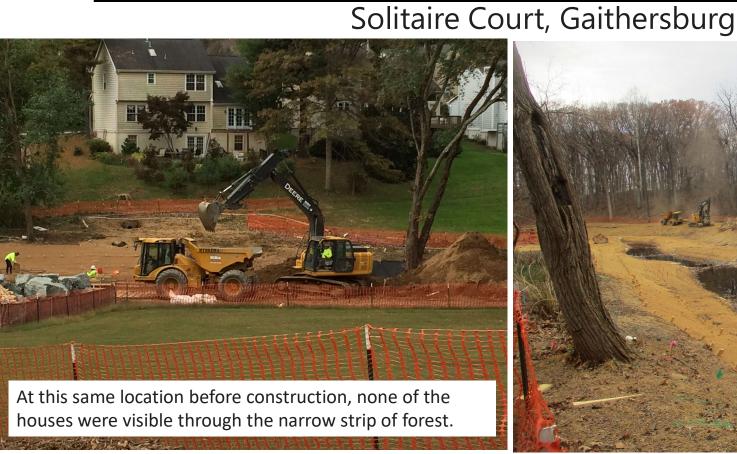




Whetstone Run, Gaithersburg



- Dug a whole new channel (red) and filled in the natural one (green).
- The more they engineer the stream, the longer the project, the more money they make. The jurisdiction also gets more MS4 permit credits.

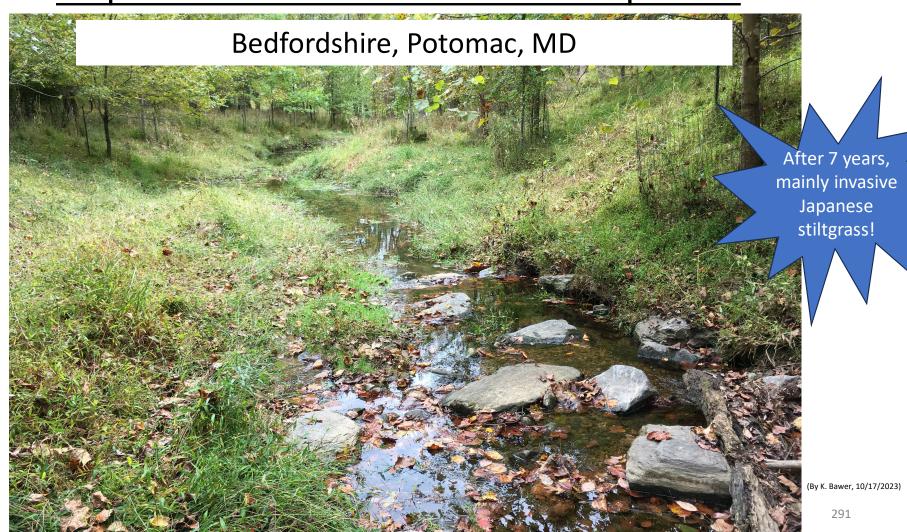




Stream "Restorations" Don't Restore Streams



Impact of non-native invasive plants



Collateral damage: wildflowers & animals destroyed American to Cranefly orchid greenwashing presentations don't talk about. All photos by K. Bawer except middle) (By City of Rockville Grey tree frog Wood frog



What happens to aquatic life? See next slide

Inkart.net https://dnr.maryland.gov/fisheries/d ocuments/Freshwater_Poster.pdf **Inland Fishes of Maryland** Amphibians of Maryland NORTHERN TWO-LINED SALAMANDER AMERICAN GREEN TREE FROG CARPENTER FROG Brown Trout **Brook Trout** Hickory Shad American Shad PINE MAX AGE 38 YRS, MAX SIZE 110 LBS (50 KG) MAX AGE 24 YRS: MAX SIZE 21 LBS (9.4 KG) MAX AGE 13 YRS; MAX SIZE 12 LBS (5.5 KG) STATE RECORD: 4 LBS. 1972 TREE STATE RECORD 6 1 LBS 1990 STATE RECORD: 18.3 LBS, 2001 STATE RECORD: 8.1 LBS, 19752 AMERICAN White Catfish Channel Catfish Brown Bullhead Common Carp MAX AGE 14 YRS: MAX SIZE 21.6 LBS (9.8 KG) MAX AGE 24 YRS: MAX SIZE 58.0 LBS (26.3 KG) MAX AGE 9 YRS: MAX SIZE 6.04 LBS (2.7 KG) MAX AGE 38 YRS; MAX SIZE 88 LBS (40.1 KG) STATE RECORD: 3.38 LBS, 2007 STATE RECORD: 27.1 LBS, 20041 STATE RECORD: 47.5 LBS. 19971 STATE RECORD: 44.4 LBS: 19781 STATE RECORD: 29.6 LBS, 19971 White Crappie Largemouth Bass Smallmouth Bass Black Crappie MAX AGE 23 YRS, MAX SIZE 22 LBS (10.1 KG) MAX AGE 26 YRS; MAX SIZE 12 LBS (5.4 KG) MAX AGE 10 YRS, MAX SIZE 52 LBS (2.4 KG) MAX AGE 15 YRS: MAX SIZE 6.0 LBS (2.7 KG) STATE RECORD: 11.6 LBS, 20131 STATE RECORD: 8.3 LBS. 19741 STATE RECORD: 4.4 LBS, 2006 STATE RECORD: 4.4 LBS, 2006 STATE RECORD: 11 21 RS, 2008 STATE RECORD 6 0 LBS 1971 STATE RECORD: 4 0 LBS, 2007 STATE RECORD: 4.0 LBS, 2007

Rock Bass

MAX SIZE 2.4 LBS (1.1 KG)

STATE RECORD: 1.5 LBS. 20101

Redear Sunfish

STATE RECORD: 2.3 LBS, 1985

MAX AGE 7 YRS

Pumpkinseed

MAX AGE 12 VRS: MAX SIZE 1 AT RS (0.6 KG)

Bluegill MAX AGE 10 YRS: MAX SIZE 4.7 LBS (2.1 KG)

STATE RECORD: 3.4 LBS. 1998

Warmouth

MAX SIZE 2.4 LBS (1.1 KG)

STATE RECORD: 0.6 LBS, 20081

Pulverized by the pumps

"Aquatic life would either be prevented from passing the project reach or pulverized by the pumps." ("Stream Restoration Design", USDA National Engineering Handbook)



(https://www.youtuk e.com/watch?v=-4u8fJ5KtaA)

Bear Branch Stream Restoration, PG Co. – pump-around operations

Why Stream "Restorations" Fail

- They do not eliminate the cause of stream erosion
- Uncontrolled stormwater from impervious surfaces (roads, roofs, parking lots, etc.) firehosing into streams.



Stream "Restoration" Failures Examples

 Local jurisdictions conveniently neglect to tell the public that these projects fail.

- Failure of physical stability.
- Failure to improve water quality.
- Failure to improve the stream biology

Some examples of physical failures...

Clipart-library.com

Stream "restorations" fail...

Josephs Branch, Kensington



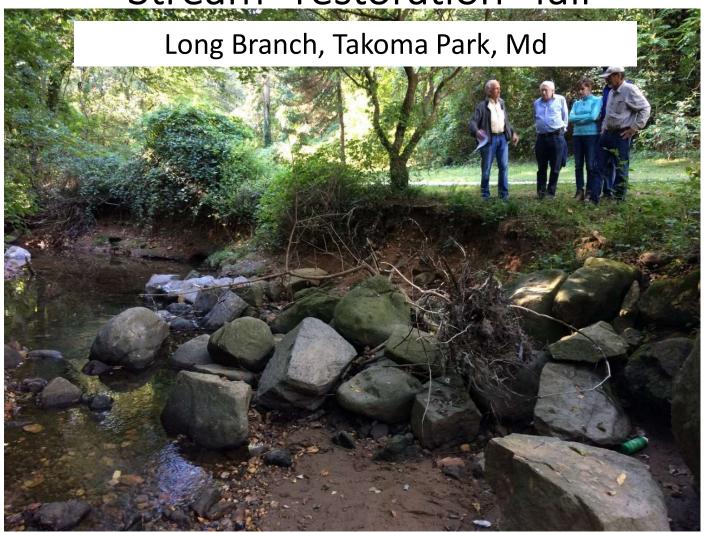
Joseph's Branch Stream (by K. Bawer,)



Joseph's Branch during rainstorm (Photo by K. Bawer)



Cabin Branch Stream in Cabin John Regional Park (by K. Bawer, 3/19/2021)



Long Branch, Takoma Park, 10/2/2021 (Photo by K. Bawer)





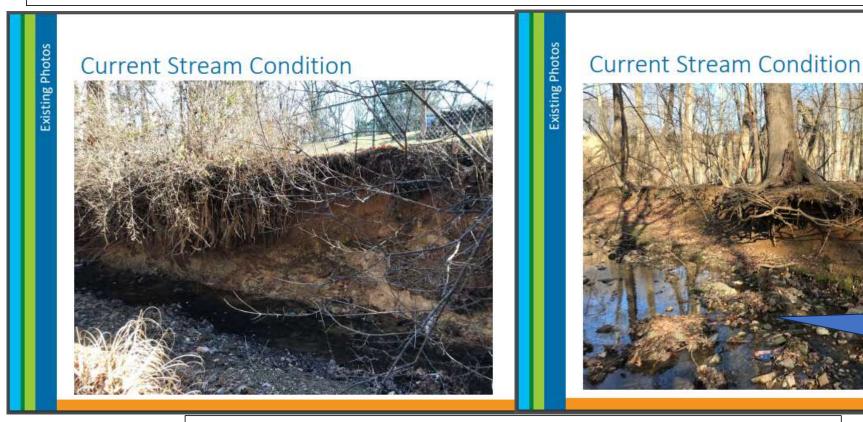
Old Farm Creek Tributary, North Bethesda

Current Stream Condition



Scheduled to be repaired in 2024 for \$800K

Grosvenor Luxmanor Stream "Restoration," North Bethesda, Mo Co



Wildwood Manor, south of I-270

Scheduled to be repaired in 2024 for \$4.8M



THE SCIENCE

Scientific Evidence that Stream "Restorations" Don't Work

Analysis of 644 projects by M. Palmer et al., University of MD:

Streambank stability does not improve more than a coin toss

- Page 259, Paragraph 2: "Stability was als ϕ assessed at the reach scale (N = 38; Table 2) primarily for projects that involved large-scale hydromorphic restoration actions that included channel reconfiguration. Less than half of these projects showed improvements in channel stability compared with prerestoration regardless of how stability was measured and even though many of the projects involved the use of large boulders or other materials to hold the banks in place." [emphasis added]
- Page 262, Section 5, Paragraph 1: "We show that a major emphasis remains on the use of dramatic structural interventions, such as completely reshaping a channel, despite growing scientific evidence that such approaches do not enhance ecological recovery, and the data we assembled (Table 2) suggest they are often ineffective in stabilizing channels when stability is the primary goal." [emphasis added]

Palmer, M. A., K. L. Hondula, and B. J. Koch, University of MD, 2014, "Ecological Restoration of Streams and Rivers: Shifting Strategies and Shifting Goals,", Annu. Rev. Ecol. Evol. Syst. 2014. 45:247-269.

(https://akottkam.github.io/publications/Palmerpublications/Palmer2014a.pdf)

Analysis of 644 projects by M. Palmer et al., University of MD:

Water quality does not improve

- "Improvements in the five metrics within the <u>water quality</u> category were found for only 7% of the channel reconfiguration projects and for none of the in-stream channel projects (Table 2)."
- "Unfortunately, <u>recovery of biodiversity was rare</u> for the vast majority of stream restoration projects."
- "We show that a major emphasis remains on the use of dramatic structural interventions, such as completely reshaping a channel, despite growing scientific evidence that such approaches do not enhance ecological recovery, and the data we assembled (Table 2) suggest they are often ineffective in stabilizing channels when stability is the primary goal."

Palmer, M. A., K. L. Hondula, and B. J. Koch, University of MD, Erosion does not stop

2014, "Ecological Restoration of Streams and Rivers: Shifting Strategies and Shifting Goals,", Annu. Rev. Ecol. Evol. Syst.

2014. 45:247-269. (https://akottkam.github.io/publications/Palmerpublications/Palmer2014a.pdf)

Analysis of 40 projects by Robert Hilderbrand, University of MD:

Ecology does not improve

"There simply were <u>few ecological differences</u> between restored and unrestored sites. In fact, the unrestored sections upstream [from the restoration sites] were often ecologically better than the restored sections or those downstream of restorations." Hilderbrand, Robert H., et. al., 2020,

"Quantifying the ecological uplift and effectiveness of differing stream restoration approaches in Maryland," Final Report Submitted to the Chesapeake Bay Trust for Grant #13141, (https://cbtrust.org/wp-content/uploads/Hilderbrand-et-al-Quantifying-the-Ecological-Uplift.pdf

"...restorations usually end up with no better, and often worse, benthic macroinvertebrate responses [which is an industry-standard for measuring in-stream biology] than were the stream left alone."

Personal communication on 3/6/2023

Analysis of 11 streams by Southerland et. al. that were converted to RSCs (regenerative stormwater conveyances), a type of stream "restoration"

Biology does not improve

- "...fish diversity in RSCs [a type of stream "restoration"]
 was lower than in high-quality sites...."
- "Fish indices of biotic integrity (IBIs) [an industrystandard for measuring in-stream biology] were also lower in RSCs than in high-quality sites...."

Southerland, Mark, et. al., 2021, "Vertebrate Community Response to Regenerative Stream Conveyance (RSC) Restoration as a Resource Trade-Off," Award: 18002 CBT Restoration Research Grant to Tetra Tech and UMCES-Chesapeake Biological Laboratory; https://cbtrust.org/wp-content/uploads/FINAL-Report-for-18002-Tetra-Tech-CBL-CBT-RR-Vertebrates-in-RSCs-30SEP2021-Submitted-to-CBT.pdf

Analysis of 30 projects by Carr et. al., Drexel University:

Ecology does not improve

"Our analysis of the differences between the ecological condition of restored sites and their paired reference reaches showed that the restored sites consistently scored lower in riparian habitat quality as well as the biotic integrity of both periphyton (i.e., attached algae) and benthic macroinvertebrate assemblages. These results clearly demonstrate that at the present time these stream reaches continue to exhibit the types of impaired conditions that originally made them candidates for restoration."

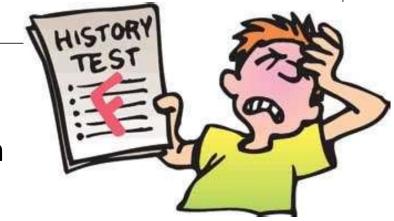
Carr, J., Hart, D., McNair, J., 2006, "Compilation and Evaluation of Stream Restoration Projects: Learning from Past Projects to Improve Future Success," The Patrick Center for Environmental Research, The Academy of Natural Sciences of Drexel University, Report Submitted to the William Penn Foundation. https://ansp.org/research/environmental-research/projects/restoration/

Mo Co DEP ecological results of stream "restorations"



Department of Environmental Protection

"We have not seen benthic [macroinvertebrate or BMI] improvement in any of our stream restorations."*



Clipart-library.com

*(1/16/2024 DEP presentation to Stormwater Partners Network

(BMIs are an industry standard measure of stream health.)

COST:

Out-of-stream stormwater control vs.

Stream "restorations"

Cost: MDE Annual Report on Financial Assurance Plans





Annual Report on Financial Assurance Plans and the Watershed Protection and Restoration Program -2022-

> Prepared by: Water and Science Administration

> > Prepared for: Governor Larry Hogan

https://mde.maryland.gov/programs/water /StormwaterManagementProgram/Pages/ WPRPFinancialAssurancePlans.aspx

- 1. Green Roof, Extensive
- 2. Rainwater Harvesting
- 3. Dry Well
- 4. Shallow Wetland
- 5. Pocket Wetland
- 6. Surface Sand Filter
- 7. Dry Swale
- 8. Other
- Permits are MORE 9. Redevelopment
- 10. Forestation on Pervious Urban (i.e., Forest Planting)

 11 Pinarian Forest Planting COST effective than
- 11. Riparian Forest Planting
- 12. Urban Tree Canopy
- 13. Septic Denitrification
- 14. Septic Connections to WWTP "restorations."
- 15. Shoreline Management
- 16.Catch Basin Cleaning (i.e., Storm Drain Cleaning)
- 17. Mechanical Street Sweeping
- 18. Regenerative/Vacuum Street Sweeping (i.e. Advanced Street Sweeping)
- 19. Nutrient Credits [Trading]
- 20.Septic Pumping

20 different practices for MS4

stream

377

SUMMARY – Reasons to incentivize out-of-stream stormwater control

1. They address a whole list of residents' concerns such as flooding, reducing heat islands, property values, urban green spaces, protecting natural areas.



(Photos by Montgomery County DEP)

2. The alternative - stream restorations – don't do the above. Direct observations and science say they don't work to either stabilize streams or improve the ecology. Even MoCo DEP admits that none of their projects improved stream ecology.*



(Photo by City of Rockville)

*DEP presentation about Grosvenor stream "restoration" to Stormwater Partners Network on Jan. 16, 2024 in response to question.

SUMMARY, continued

- 3. There are 20 out-of-stream stormwater control practices that are less expensive that stream restorations
- 4. Fix problem at the source: out-of-stream stormwater control is done in areas already disturbed don't destroy natural areas.



Annual Report on Financial Assurance Plans and the Watershed Protection and Restoration Program -2022-

> Prepared by: Water and Science Administration

> > Prepared for: Governor Larry Hogan



Photo by K. Bawer, 10/21/2021)

What Can You Do?

- Make your opinion known:
- To your elected representatives (state & local) regarding legislation to incentivize out-of-stream stormwater control.
- To County Executive & County Council on the use of stream "restorations."
- To County Council on FY25 Capital budget before May vote: should funds be transferred from stream "restorations" to outof-stream projects?

Questions?



("Stream restoration" in Upper Watts Branch, Rockville; photo by City of Rockville)

Contact Ken Bawer: kbawer@msn.com

BACKUP: Industry objections

• It is urgent that we fix the eroded gullies



(https://www.cwp.org/th e-self-recovery-ofstream-channel-stabilityin-urban-watersheds/)

Let eroded gullies & stream banks self-recover

"It is expected that, with the reduced hydraulics [from erosive flows] within the catchment, these banks will continue a trajectory toward stability as indicated by reduced bank angles and vegetation establishment."* (https://www.cwp.org/the-self-recovery-of-stream-channel-stability-in-urban-watersheds/)

"The Self-Recovery of Stream Channel Stability in Urban Watersheds due to BMP **Implementati** on," by Lisa Fraley McNeal, Bill Stack, et. al.



Natural stream healing

(https://www.cwp.org/th e-self-recovery-ofstream-channel-stabilityin-urban-watersheds/)



"The Self-Recovery of Stream Channel Stability in Urban Watersheds"

"It is expected that, with the reduced hydraulics within the catchment, these banks will continue a trajectory toward stability as indicated by reduced bank angles and vegetation establishment."

https://cwp.org/the-self-recovery-of-stream-channel-stability-in-urban-watersheds/

<u>Reference</u>

"The Self-Recovery of Stream Channel Stability in Urban Watersheds due to BMP Implementation" by Lisa Fraley McNeal, Bill Stack, et. al. https://cwp.org/the-self-recovery-of-stream-channel-stability-in-urban-watersheds/ and

https://cwp.org/tne-seif-recovery-of-stream-channel-stability-in-urban-watersheds/ and https://cbtrust.org/wp-

content/uploads/Self Recovery of Stream Channel Stability Final Draft 03-23-21.pdf

- ... "[stormwater BMP] retrofits reduce the magnitude, duration and frequency of erosive flow rates." (p. 48)
- "...there is strong evidence that the channels below the treatment sites will stabilize and adjust as the frequency of erosive flows diminishes. This will likely translate to corresponding decreases in sediment erosion. (p. 52)
- "..., it is likely the channels are on a trajectory leading towards stabilization as anecdotal evidence (which includes photographs)...." (p. 52)

Legislation Ideas, not used yet