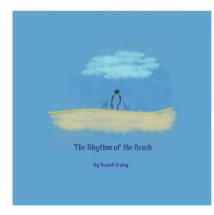
# Educational books to inspire children and families to connect with nature.

Set in the unique forests and beaches of northern NSW, local author & illustrator, Russell Irving, has produced a range of books and free activities to educate and inspire people to connect with their natural environment – a free, natural cure for the Covid blues!

## 'The Rhythm of the Beach'

"So beautiful in every way - resonates with a gentle truth and awakening. I am drawn to read it each morning and feel a calm that lingers throughout the day. A good read for all ages and generations. David Brook, ecologist



A joyful, poetic exploration of the changing seasons, moods, and natural wonders to be discovered at the beach. It is a reminder that when one slows down enough to notice, the natural patterns of life are palpable. On one sandy Australian beach, spring marks the return of the hooded plover from its winter home. The book reveals the beauty in the natural progression of time, and lives, through the seasons and moods experienced at the beach. Readers are encouraged to take

some time to find this beauty in nature. To step back and determine who they truly are and what is important to them, even if there is no immediate answer.

#### 24 pages, suited 7 years and above RRP (AUD\$): paperback \$14.99, hardcover \$19.99

Available from major online retailers or direct from author. Visit <u>www.russell-irving.net</u> or email russell.irving@gmail.com Educational books to inspire children and families to connect with nature.

### 'The Adventures of Jessica Jones & Sox and Grandpa'

"A fun and educational 'wildlife' adventure. Highly recommended!" The Wishing Shelf Book Awards Review

An entertaining, fascinating story, not just of two adorable dogs, but of the land in which they live." 5 Stars, Readers Favourite Book Review



A heart-warming tale of reallife love, friendship and adventure following Jessica Jones, Sox & Grandpa as they set out to explore the wonder of their world. Learn about some of the unique insects, plants and

animals that live in in the forests of northern New South Wales and the Aboriginal cultural practices that have nurtured them for thousands of years.

30% of author proceeds donated to the Bandjalang Rangers & Minyumai Indigenous Protected Area (IPA) who are featured in the book.

#### 42 pages, suited 5-12 year olds RRP (AUD\$) : paperback \$19.99, hardcover \$28.99

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